

“Those who live according to the flesh set their minds on the things of the flesh,  
but those who live according to the Spirit set their minds on the things of the Spirit.  
For to set the mind on the flesh is death, but to set the mind on the Spirit is life and peace.”

**Romans 8:5-6**

**A Time to R\_\_\_\_\_**

*Last week: A reminder of our HUMANITY and the call for HUMILITY*

*This week: Lent continues with a reminder of our*

**E\_\_\_\_\_ and the call for A\_\_\_\_\_**

“Now there is great gain in godliness with contentment,  
for we brought nothing into the world, and we cannot take anything out of the world.  
But if we have food and clothing, with these we will be content.  
But those who desire to be rich fall into temptation, into a snare,  
into many senseless and harmful desires that plunge people into ruin and destruction.”  
**1 Timothy 6:6-10**

**a. the struggle with t\_\_\_\_\_**

“Then Jesus was led by the Spirit into the wilderness to be tempted by The Accuser.”  
**Matthew 4:1**

**b. the challenge of f\_\_\_\_\_**

“After fasting forty days and forty nights, he was hungry.  
The tempter came to him and said, ‘If you are the Son of God, tell these stones to become bread.’  
Jesus answered, “*It is written: ‘Man shall not live on bread alone,  
but on every word that comes from the mouth of God.’*”  
**Matthew 4:2-4**

**c. the challenge of a\_\_\_\_\_**

Then the devil took him to the holy city and had him stand on the highest point of the temple.  
“If you are the Son of God,” he said, “throw yourself down.  
For it is written: “*He will command his angels concerning you, and they will lift you up in their hands,  
so that you will not strike your foot against a stone.’*”  
Jesus answered him, “*It is also written: ‘Do not put the Lord your God to the test.’*”  
**Matthew 4:5-7**

**d. the r\_\_\_\_\_ of fasting and abstinence**

Again, the devil took him to a very high mountain  
and showed him all the kingdoms of the world and their splendor.  
“All this I will give you,” he said, “if you will bow down and worship me.”  
Jesus said to him, “*Away from me, Satan!*  
For it is written: ‘Worship the Lord your God, and serve him only.’”  
**Matthew 4:8-10**

**e. the m\_\_\_\_\_ of fasting and abstinence**

Then the accuser left him, and angels came and attended him.  
**Matthew 4:11**

**My plan to RE-ORIENT this season:**

**Next week: Prayer and Penance**